



# WEST COAST ADVENTURES

Eleven-day itinerary from Northern California to Northern Oregon.



San Francisco



Jet boating



Crater Lake



Wine Tasting



Portland, Oregon

Take a West Coast tour beginning in San Francisco, to beautiful Lake Tahoe, then on to Southern Oregon. There you will be based in Medford, Oregon and experience Crater Lake National Park, jet boating on the Rogue River, wine tasting in the Applegate Valley, and shop in the historic town of Jacksonville. Your journey will continue to Bend in the high desert, then to Oregon's unspoiled ocean beaches near Newport, and end in Portland for a gastronomic adventure.

## DAY ONE

**Arrive in San Francisco.** Choose from any number of downtown locations. Take the time to visit San Francisco and stay in the heart of the city to truly get the full flavor of its personality.

**Overnight San Francisco.** Visit [www.sanfrancisco.travel](http://www.sanfrancisco.travel) for a list of hotels, attractions, and restaurant recommendations.

## DAY TWO

**Spend the day in San Francisco** and visit sites like **China Town, Union**



**Square, and Coit Tower.** Tour boutique shops and gourmet restaurants at the **Ferry Building**, cross the street to catch one of the famous cable cars, or take an old-time trolley to the **Fisherman's Wharf, Pier 39,** and **Ghirardelli Square**, a beautifully converted chocolate factory. Ride the ferry to **Sausalito**, taking in the sights as you pass by the famous **Golden Gate Bridge**.

**Overnight in San Francisco.**

**Travel to Lake Tahoe,** one of the bluest, purest, clearest bodies of water in the world, featuring everything from swimming to water skiing to cruises. Enjoy hiking, fishing, camping, golf, tennis, mountain biking and over a dozen world-class ski resorts with amazing nightlife featuring 24-hour gaming, cabaret shows, live music and dancing.



**Overnight in Lake Tahoe.** For lodging, restaurant, and attraction options visit [www.visitlaketahoe.com](http://www.visitlaketahoe.com)

## DAY FOUR

**Hello Southern Oregon!** Your next three days will be filled with some incredible wines, world-renown theatrical performances at the **Oregon Shakespeare Festival**, thrilling jetboat rides down the pristine **Rogue River**, and award-winning culinary creations. Stay in **Medford, Oregon**, the heart of this adventure paradise, where great performances are daily experiences.

**Overnight in Medford** For a list of group accommodations, restaurants, and attractions visit [www.travelmedford.org/groups](http://www.travelmedford.org/groups)



This suggested itinerary was created by Travel Southern Oregon [www.southernoregon.org](http://www.southernoregon.org).

For more Southern Oregon itinerary ideas, maps, photos, DMO contact information, and hotel referral visit [www.southernoregon.org/tours](http://www.southernoregon.org/tours) or contact

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**DAY FIVE**

**Head to the Rogue River** in Grants Pass and board **Hellgate Jetboat Excursions** for brunch on the **Wild & Scenic Rogue**



**River.** This 4-hour, 36-mile excursion down river runs through the spectacular **Hellgate Canyon** and is highlighted by a sumptuous weekend Champagne Brunch or weekday lunch, served family style on the open-air deck at the **O.K. Corral Restaurant** ([www.hellgate.com](http://www.hellgate.com)).



Spend the afternoon traveling through the **Applegate Valley Wine Region** ([www.applegatewinetrail.com](http://www.applegatewinetrail.com)), sipping award-winning wines at one of 18 boutique wineries. End with dinner in **Jacksonville** ([www.jacksonvilleoregon.org](http://www.jacksonvilleoregon.org)), where the entire town is on the historic registry. What a great day!

**Overnight in Medford.**

**DAY SIX**

**Sample the taste of the regions best culinary artisans.** Tour **Harry and David**



([www.harryanddavid.com](http://www.harryanddavid.com)), the world's largest gourmet gift basket producer; savor **Rogue Creamery's** ([www.roguecreamery.com](http://www.roguecreamery.com)) award-winning cheese named "Best



in the World" at competitions in England, France, and New York; try the sweet flavors of **Lillie Belle Farms'** ([www.lilliebellefarms.com](http://www.lilliebellefarms.com)) hand-made chocolate truffles filled with locally grown, organic ingredients.



**Head to the artistic town of Ashland** ([www.ashlandchamber.com](http://www.ashlandchamber.com)) for boutique shopping, art galleries, wine bars, and specialty stores - all within walking distance. Select from over 30 downtown restaurants and enjoy an evening at the **Oregon Shakespeare Festival** ([www.osfashland.org](http://www.osfashland.org)). Another great day in Medford & The Rogue Valley!

**Overnight in Medford.**

**DAY SEVEN**

**Pack up, have a hearty breakfast** and get an early start for **Crater Lake National Park** ([www.nps.gov/crla/index.htm](http://www.nps.gov/crla/index.htm)). The lake has inspired countless people over the years with its unique combination of deep blue waters, two-thousand foot high cliffs, and picturesque islands. Crater Lake lies in-



side a caldera, or volcanic basin, created with the 12,000 ft. high Mt. Mazama collapsed 7,700 years ago, following a large eruption. At 1,943 feet deep, it is the seventh deepest lake in the world and the deepest in the US. There are many hikes around the lake, but the more adventurous can try the hike down to the boat launch. Daily boat rides to Wizard Island are offered after the snow melts, through mid September. After lunch at the Lake head northeast to Bend, OR.

\*If you would like to extend your tour we suggest overnight accommodations at **Crater Lake Lodge, Mazama Village** ([www.craterlakelodges.com](http://www.craterlakelodges.com)) or **Historic Prospect Inn** ([www.prospectinn.com](http://www.prospectinn.com))

**Stop at Central Oregon's High Desert Museum** ([www.highdesertmuseum.org](http://www.highdesertmuseum.org)), which brings the high desert to life. A combination of outdoor recreation and cosmopolitan sophistication make Bend a truly unique destination. Few places have had as much



praise heaped on them in recent years as Bend - a testament to the former mill town turned adventure playground's emergence as the high desert mountain town that's got it all.

**Overnight in Bend.** For information on lodging, attractions, and restaurants visit [www.visitcentraloregon.com](http://www.visitcentraloregon.com)



**DAY EIGHT**

Located approximately 30 minutes northwest of Bend is the small, western town of **Sisters** ([www.sisterscountry.com](http://www.sisterscountry.com)). It's a great way to spend the morning strolling in and out of

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unique antique stores, art galleries, crafts, clothing, and specialty shops - right next door to many great places to eat.

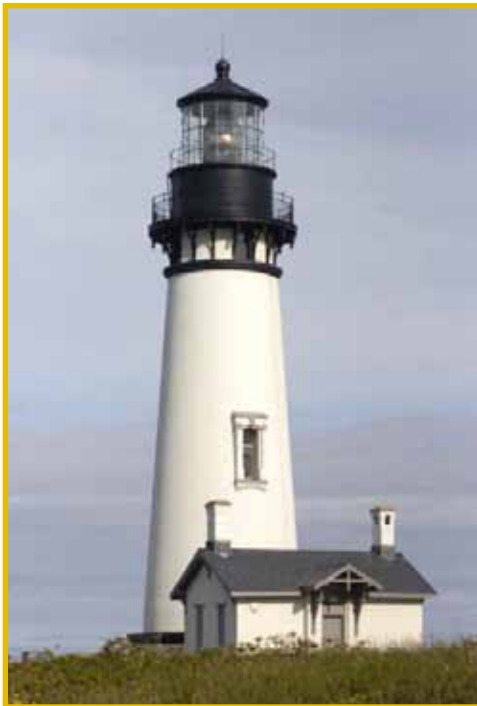
Relax and enjoy the ride through the Cascade volcanic mountain range to **Woodburn Company Stores** ([www.woodburncompanystores.com](http://www.woodburncompanystores.com)), Oregon's largest outlet mall, and shop till you drop.



**Overnight in Newport.** For coastal lodging and attraction information visit [www.discovernewport.com](http://www.discovernewport.com). For restaurant information visit [www.newportchamber.org](http://www.newportchamber.org).

## DAY NINE

Spend the day at the **Oregon Coast Aquarium** ([www.aquarium.org](http://www.aquarium.org)), one of the nation's top ten aquariums. It is home to more than 15,000 marine animals including sea lions, sharks, and tufted puffins. Step aboard **Marine Discovery Tours** ([www.marinediscovery.com](http://www.marinediscovery.com)), a fun, hands on, sea-life cruise offered by friendly naturalists featuring a safety route, whale watching, pulling crab pots and navigation lessons.



Experience **Mariner Square** ([www.marinersquare.com](http://www.marinersquare.com)), home of **Oregon Undersea Gardens**, **Ripley's Believe It or Not**, and **The Wax Works**. Set on the bustling causeway lining Newport's historic bay front, Mariner Square has long been a favorite vacation destination for travelers from near and far.

Be sure to stop by Newport's two lighthouses - **Yaquina Bay and Yaquina Head**.

**Overnight in Newport.**

## DAY TEN

Depart early in the morning for **Portland**, Oregon's largest city, and a vibrant metropolis. Spend the afternoon at **Lan Su Chinese Gardens** ([www.lansugarden.org](http://www.lansugarden.org)), and shopping in the **Pearl District** ([www.explorethepearl.com](http://www.explorethepearl.com)), **Pioneer Place** or other local downtown boutiques ([www.downtownportland.org](http://www.downtownportland.org)). Visit the **Portland**



**Art Museum** ([www.portlandartmuseum.org](http://www.portlandartmuseum.org)), the oldest of its kind in the Western US, featuring a wide array of international art, including an extensive collection of Native American artifacts.

Explore the city on one of many unique tours: **Portland Walking Tours** ([www.portlandwalkingtours.com](http://www.portlandwalkingtours.com)), **Ever Green Escapes** ([www.evergreenescapes.com](http://www.evergreenescapes.com)),



**America's Hub World Tours** ([www.americashubworldtours.com](http://www.americashubworldtours.com)), **Pedal Bike Tours**

([www.pedalbiketours.com](http://www.pedalbiketours.com)), **Brewvana** ([www.experiencebrewvana.com](http://www.experiencebrewvana.com)), and **Big Pink Hop-on Hop-off Trolley** ([www.graylineofportland.net](http://www.graylineofportland.net)).

**Check out Portland's acclaimed food scene.** In 2010, TIME Magazine called Portland "America's new food Eden, a confluence of every fertile trend in contemporary gastronomy." Fine-dining restaurants, neighborhood bistros, and myriad food carts celebrate the region's bounty with fresh, innovative creations.



**Overnight in Portland.**

For a complete list of hotels, restaurants, and attractions - including farmers' markets and crafts - visit [www.travelportland.com](http://www.travelportland.com).

## DAY ELEVEN

Discover more of **Portland** in Washington Park, home to the **International Rose Test Gardens** ([www.rosegardenstore.org](http://www.rosegardenstore.org)) and the **Japanese Gardens** ([www.japanesegarden.com](http://www.japanesegarden.com)) with lovely views of snowcapped



Mt. Hood. Portland's Rose Garden features more than 8,000 rose bushes in bloom from June through autumn, giving Portland the nickname "The Rose City." And the exquisite Japanese Gardens are said to be the most authentic outside of Japan.

**With over 50 breweries**, Portland is also known as Beervana, so spend your afternoon visiting a brewery or two. Or a distillery. Or one of Portland's many coffee or tea shops.



Portland's food scene is complemented by a thriving beverage culture!

**End the evening** with a delightful dinner cruise aboard the **Portland Spirit** ([www.portlandspirit.com](http://www.portlandspirit.com)), with show-stopping views and delicious cuisine. The ship's vibrant setting, enhanced by dazzling city lights and sights, provide an evening filled to the brim with festive cuisine, locally-sourced and prepared fresh on board, with live entertainment.



#### **Overnight in Portland**

*We hope that you have enjoyed this trip through Northern California and Oregon highlights. There is plenty more to see to please come and visit often!*

